



National Alliance on Mental Illness

NAMI Brown County

FAMILY SUPPORT GROUP

Maintaining healthy relationships within the family is one of the most important ways to support recovery



We don't have all the answers but you're not alone in the journey with your loved one who lives with mental illness.

Join us -

We support each other and share our experiences.

Navigate the complexities of mental health issues with those who know how you feel.



Through support of each other we can better understand why our loved ones act and feel the way they do

Monthly Family Support Group meetings are held 6:30—7:30 at the
Aging & Disability Resource Center
300 S. Adams Street

August 13 • September 10 • October 8 • November 12 • December 10

NAMI Brown County - An Alliance of Friends and Support

Our Mission is to improve the quality of life for those affected by mental illness and to support research to someday eliminate these illnesses. We provide support, education, and advocacy to those living with mental health issues and their family and friends.